

# Austin Connection

## MENTALIZING TRAINING GROUP

with EFRAIN BLEIBERG, MD

Saturday, January 30, 2010

Join the Menninger Clinic's Efrain Bleiberg, MD, for a day-long look at the development and practice of Mentalization-Based Treatment (MBT), an innovative form of psychotherapy with origins in both psychodynamic and attachment theory. MBT aims to increase mentalizing, the ability to perceive or interpret behavior as emerging from intentional mental states, as a way to improve affect regulation and interpersonal relationships. Dr. Bleiberg will review common principles of MBT, the therapist's stance and the mentalizing loop as a framework to begin practicing MBT with adolescents, adults, and groups. Dr. Bleiberg will also address the process of developing and enhancing competence in MBT, the formation of a regional group to support that process and the steps to collaborate, refer, and become an MBT trainer-supervisor. The group will be limited to 30 participants.

Members are encouraged to review *Mentalizing in Clinical Practice* (American Psychiatric Publishing, 2008) by Jon Allen, Peter Fonagy, and Anthony Bateman prior to attending.

**CEUs:** 6 hours  
**Cost:** \$175 per group for Austin in Connection members  
\$225 for Non-members  
**Location:** [UT Thompson Conference Center](#), Room 3.110  
**Time:** Registration 8:30am-9:00am  
Training Group 9:00am-4:00pm

For more information, contact Christine Winston, LCSW at [mentalizingaustin@gmail.com](mailto:mentalizingaustin@gmail.com).

**Efrain Bleiberg, MD** is the Medical Director of the Professionals in Crisis Program and the Vice Chair of the Department of Psychiatry and Behavioral Sciences at the Menninger Clinic. He is also the Director of Child and Adolescent Psychiatry and the Alicia Townsend Friedman Chair in Psychiatry and Developmental Psychopathology at the Baylor College of Medicine. Dr. Bleiberg's expertise lies in diagnosing and treating complex psychiatric disorders using an approach that integrates mentalizing with psychodynamic and family systems theory. He presented for the Austin Society for Psychoanalytic Psychology (ASPP) last January on "The Roots of Morality in Attachment and Mentalizing: Implications for Psychotherapy."

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### REGISTRATION FORM

Name: \_\_\_\_\_ Degree/License: \_\_\_\_\_  
Work Street Address: \_\_\_\_\_ Suite: \_\_\_\_\_  
Work City: \_\_\_\_\_ Work State: \_\_\_\_\_ Work Zip Code: \_\_\_\_\_  
Email Address: \_\_\_\_\_ Work Phone: \_\_\_\_\_

AinC Member? Yes \_\_\_\_\_ No \_\_\_\_\_      AinC Member    \$175  
Non-Member        \$225

JOIN Austin in Connection and save on your registration fee - visit our website at [www.austininconnection.org](http://www.austininconnection.org)

### PAYMENT METHOD (Check one)

\_\_\_\_ PAY BY MAIL send in this registration form with your payment to: AinC · PO Box 10724 · Austin · TX · 78766  
Please make checks payable to "Austin in Connection"  
\_\_\_\_ PAY ONLINE send in this registration form and pay online using PayPal at: <http://www.austininconnection.org/events.htm/>

Approved Provider for the Texas State Board of Social Worker Examiners, sponsor #CS5387; Texas State Board of Examiners of Marriage and Family Therapists, provider #426; Licensed Professional Counselor #1033.